



The Official Club Bulletin of the Rotary
Cebu Naga Central (RCCNC), Naga, Cebu



RCCNC ORGANIZES ZUMBATHON

Over 100 Zumba enthusiasts from Naga and neighboring municipalities gathered last November 26, 2021 at Saint Francis Ocean Park, Naga Cebu for the Dance Fitness against Covid19.

The two-hour event was organized by Rotary Club of Cebu Naga Central which aims to improve the health & wellness of people who have been inactive in the last 2 years due to the lockdown brought about by the pandemic.

Thanks to the following partners who made this activity successful: Naga Local Government Unit, APO Cement Corporation (CEMEX Philippines), Paca Training & Management Systems (PTMS), Leah Mall, Naga Port & Shipping Marine Services and Dulcee Hotel.

Zumba targets lots of different muscle groups at once for total body toning. Boosts your heart health. You not only get aerobic benefits, you also get anaerobic benefits – the kind that help you maintain a good cardiovascular respiratory system.

Across

1. Insects are sometimes called just plain _____.
3. Fee ___ to fum
4. I ___ into the water up to my ankles.
8. Please, doctor ___ my sick child.
10. I like to ___ my dog on the head
11. She said ok. Then ___ said ok.
12. Rotary is working to wipe out the disease of _____.
14. "I like my hot dog on a roll or a _____."
17. A pencil is _____ to write with.
20. He went ___ the same door he came in.
21. Rotary gives people with no home a _____ to live in.
24. I heard the buzz of a _____.
26. A light _____ shone on the grass.
27. ___ and go
28. Another word for worth is _____.
29. The fuzzy stuff in your pocket is called _____.
33. Cold _____ are a sweet summer treat.
34. That story was ___ long" I fell asleep.
35. Some children cannot read because they need _____.
36. Ma and _____
37. Paul saw a striped _____ roaring at the circus.
40. Is it yes ___ no?
41. In speaking to others, it's good to ask yourself "Is it the _____?"
45. A female deer is called a _____.
46. Poor children don't have ___ to play with.
47. "There's no _____ in this pen!"
48. Some children don't get enough to _____.
49. I always _____ at a red light.
50. The kite went _____ and down
51. "I'll meet you ___ 1 p.m."

Down

1. "___," said the ghost.
2. Wearing _____ helps prevent children from getting sick.
3. You stay home from school when you have the _____.
4. Many children don't have clean _____ to drink.
5. She looked ___ me.
6. ___? What did you say?
7. A bear lives in a _____.
9. "I'll do it as soon as I am _____."
12. Many children in the world are _____.
13. Another word for being able to read and write is _____.
15. An almond is a kind of _____.
16. You can upload videos to You _____.
18. The Rotary motto is _____ above self.
19. You can _____ or you can follow.
22. I _____ to go to bed early.
23. Her cat sits in her _____.
25. Jay, kay, el, ___, en, oh,
26. ___ eat mosquitos and other insects.
27. Rotary helps children to get heart _____.
29. I made a _____ of what I needed.
30. The baby birds were in their _____.
31. "Just say _____."
32. I like to put ___ and pepper on my food
33. Watermelon is _____ and juicy.
35. She listened with one _____.
36. His kitchen was filled with _____ and pans.
38. "What a good ___!"
39. The farmer had a cow, a sheep and a _____.
41. A toy you can spin is called a _____.
42. We like them. They like _____.
43. She put her hand on her _____.
44. The kite went up into the _____.
46. Some children cannot afford to go ___ school

A ROTARY CROSSWORD PUZZLE

